



Veterans Evaluation Services

Ph: 1.877.637.8387 vesservices.com

JUBAR RAMSEY
4020 MINNESOTA AVE NE
APT 666
WASHINGTON, DC 20019

DATE : 3/12/2026
VES #: 227264052225

Veterans Evaluation Services (VES) is currently working with the VA to assist veterans requiring compensation and/or pension evaluations. A request was sent to us by the VA to handle your compensation/pension exams, and an appointment has been scheduled for you at the following time and location (map enclosed):

APPOINTMENT INFORMATION

Exam Date: 3/23/2026
Exam Time: 8:30 AM USA (EST)
Provider: CARMEN SIGLEY, NP
Location: 1145 19TH STREET NORTHWEST, SUITE 610, WASHINGTON, DC 20036

VES is working to complete your exam(s) on an expedited basis. The results of your exam(s) are a critical component in determining your eligibility for VA disability compensation and/or pension benefits. Therefore, it is imperative you notify us as soon as possible if you are unable to attend your scheduled appointment.

If you need to reach us, please contact us at 713-255-5656 or toll-free at 1-877-637-8387. For security purposes, you will be asked to verify your date of birth or the last 4 digits of your claim number.

Scheduling of your exam(s) is in strict adherence to VA guidelines and you have been scheduled with the nearest VA approved examiner at the soonest available date and time in order to expedite the exam portion of your claims process. You may also soon be scheduled for tests, laboratory procedures, and/or x-rays on the same day or on multiple days. Please take note of the following in regards to your scheduled appointment(s), and read the frequently asked questions (FAQs) enclosed.

APPOINTMENT LOCATION

Complete Chiropractic
1145 19th Street Northwest
Suite 610
Washington, DC 20036



** The "Reserved Parking" spaces are available for handicap parking

** Pre-paid parking vouchers are available in the office



REMINDERS ABOUT YOUR APPOINTMENT

- Your appointment is not scheduled at a VA facility. Please do not contact the clinic where your appointment is scheduled or the VA Medical Center/clinic where you go for treatment.
- If you need to reschedule this examination, contact VES at (877) 637 8387. If you are unable to reschedule your appointment within 5 calendar days of the original appointment date, the examination request will be returned to VBA for further review.
- Please bring a photo ID to your evaluation. Copies of your ID will not be made at your appointment.
- Bring a list of your current medications.
- Please contact VES to confirm your exam. You can do this via our website at www.ves.com by clicking the Contact Us button, or by calling 713-255-5656 or 1-877-637-8387.
- For everyone's safety, firearms and weapons are not allowed at your appointment.

VETERAN CRISIS INFORMATION

If you are in crisis or concerned about someone, you can connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves and provide free, confidential support, 24 hours a day, seven days a week, 365 days a year:

- Call the Veterans Crisis Line at 988 or (800) 273-8255 and press 1
- Online chat at www.VeteransCrisisLine.net
- Send a text message to 83825

If you need assistance:

If you have any questions concerning your claim, you may call 1-800-827-1000. If you have questions about your claim for a mental or physical health condition related to experiences of Military Sexual Trauma (MST), you may also visit the following website to locate the Veterans Benefits Administration (VBA) Military Sexual Trauma (MST) Outreach Coordinator for your area: <https://www.benefits.va.gov/benefits/mstcoordinators.asp>. VA provides free treatment for mental and physical health conditions related to experiences of MST. These services are available to individuals with Veteran status and most former Service members with an Other Than Honorable or uncharacterized (entry-level) discharge. To learn more, including how to access this care, go to www.mentalhealth.va.gov/mst or contact the Veterans Health Administration (VHA) MST Coordinator at a VA medical facility near you. A list of VHA MST Coordinators is available at www.mentalhealth.va.gov/msthome/vha-mst-coordinators.asp or you can contact your local VA medical facility and ask to speak to the MST Coordinator.

If you are in crisis, call the Veterans Crisis Line at 988 and then press 1, to reach caring, qualified VA responders 24 hours a day, 7 days a week. You may also text 838255 or start a confidential chat at www.veteranscrisisline.net/chat.

NOTICE OF PRIVACY PRACTICES

The evaluation services provided by Veterans Evaluation Services (VES) are covered by federal and state privacy laws. Your claim-related medical information is received directly from the VA and is shared only with the C&P medical examiners. VES is merely the temporary custodian of this information, and therefore it can only be released back to the VA. Should you require any of your own medical information, or wish to obtain a copy of your exam report, please contact the VA at 1-800-827-1000. To ensure the safety of our Veterans and our Staff, please reach out to VES immediately at 713-255-5656 or toll-free at 1-877-637-8387, if you are feeling sick, have a fever or are experiencing a cough.

FREQUENTLY ASKED QUESTIONS

Do You Have Pandemic Related Concerns About Your Appointment?

- If you do not wish to attend this appointment due to concerns of increased risk of exposure, you may reschedule your appointment by contacting VES at (877)-637-8387.

- If you are showing symptoms prior to and up to the day of your appointment, please contact VES immediately to reschedule your appointment.
- If you have been in contact with someone with COVID-19, please contact VES immediately.
- You may be turned away from your appointment if you are showing symptoms upon arrival.
- If you are unable to reschedule your appointment within 5 calendar days of the original appointment date, the examination request will be returned to VBA for further review.
- You must follow local CDC guidelines or the Provider's requirements in regards to masking.
- For everyone's safety, please do not bring any unnecessary persons with you to the appointment, especially children. Anyone that does attend with you must also adhere to the above guidelines.
- Please note anyone in attendance with you may not be admitted into the examination room.

Why isn't the VA handling my exams? How do I know this communication is legitimate?

Veterans Evaluation Services (VES) has been contracted by the Veterans Benefits Administration to assist Veterans requiring compensation and/or pension evaluations. VES is currently authorized under contracts 36C10X19D0003 and 36C10X19D0006 respectively.

Am I required to pay for any appointments?

No. All providers and diagnostic facilities work directly with VES. You should never pay for any part of your VES examination or diagnostic testing, nor should you provide your private insurance information to an examiner or diagnostic facility scheduled through VES. If you receive a bill or are asked to pay for an examination or diagnostic test related to your VES evaluation, please contact VES immediately at 713-255-5656 or at 1-877-637-8387.

Why do I have to travel so far? Surely there's a doctor/facility closer to me.

It is very important to remember that you are not being evaluated for the purpose of treatment. Under the rules and regulations of the Veterans Benefits Administration, providers must be trained and approved through the VA before being allowed to perform Compensation and Pension examinations. Therefore, while the location of your exam or diagnostic appointment is determined by your address, the availability of recognized qualified examiners in your immediate area may necessitate scheduling you outside of your city of residence. Travel reimbursement will be provided per VA guidelines.

Why wasn't I scheduled on a day I said I was available? Can I reschedule my appointment?

Please note that while we do our very best to accommodate your schedule, VES cannot guarantee the availability of your preferred timeframes. In order to meet VA requirements, VES may have to assign an alternative examination time. If you need to reschedule, please reach out to us as soon as possible.

Why are my diagnostic tests scheduled separate from my exam?

Your diagnostic tests are handled by facilities with the capabilities to perform the tests required. The examining physician will have access to these results and they will be included in your report.

Can I request a specific gender for the examination provider?

You can request a male or female provider in these situations:

- If you're having a reproductive health, breast, rectal, or mental health exam, or
- If your claim is related to a mental or physical health condition resulting from Military Sexual Trauma (MST)

We understand that MST is a sensitive topic. We strive to ensure your VA disability examination is compassionate, accurate and timely. We protect your confidentiality always. Please notify VES if you need to make a change or prefer a specific gender for your examiner.

Do I need to attend this appointment?

As a participant in the VA compensation and pension program, attending your examination(s) are a critical component of determining your eligibility for VA disability compensation and other benefits. If you should miss your scheduled examination(s) and need to reschedule or are unable or unwilling to attend an in-person or Tele C&P appointment(s), please notify VES at (877)-637-8387. Your claim will not be canceled; however, your examination request will be sent back to the VA for further review.

Will I be reimbursed for travel to my appointment?

You have the right to receive a mileage reimbursement allowance from your home address on file with Veterans Benefits Administration (VBA) to the disability medical examination site. Travel will be reimbursed to you at the approved VA rate. You will receive your payment after your appointment and Travel reimbursement will be provided per VA guidelines. The VA permits appointments to be scheduled up to 50 miles away for medical examination(s) and up to 100 miles away for vision, audio, dental, behavioral health and TBI examination(s), unless you approve the extended mileage. You must approve any mileage in excess of the 50 or 100-mile parameters, before the exam is scheduled/ completed. Once you attend your C&P examination(s) in the U.S. or U.S. territories, you will receive a reimbursement for your travel to and from your appointment(s). Please be aware that mileage for C&P examination(s) outside the U.S. and its territories is not reimbursed by the VA. For activeduty service members, mileage for C&P examination(s) is not reimbursed by the VA.

What if I do not have transportation to my appointment?

If you do not have readily available transportation, and are otherwise physically unable to drive due to a disability, please contact VES for additional information. Your Veterans Service Organization may also have additional resources

Can I attend an examination with a Caregiver/Chaperone?

If you'd like a caregiver or family member to stay with you during the exam, you can request this when scheduling your appointment. The provider may ask caregivers and family members to stay outside of the exam room. For sensitive physical exams, you can ask for a medical assistant or chaperone who works with the provider to stay in the room with you. Service animals are permitted. If a service animal will be accompanying you, we ask that you advise VES prior to your exam to ensure your scheduled provider does not have allergies. If you have children, you may want to plan for childcare during your exam. This is because you and the provider may need to discuss sensitive topics related to your claim.

What if I have specialized accessibility needs?

If you have any special accessibility needs such as an inability to transfer from wheelchair to exam table on your own, or an oversized wheelchair or motorized scooter, please notify us as soon as possible to ensure that your accessibility needs are met.

What records should I bring or where should I send them?

If you have new non-VA medical records and/or diagnostic test results, please submit them to VA before your appointment. You may bring records to your appointment, but the provider cannot submit these records to VA for you. All new information should be uploaded online at va.gov, or submitted to your accredited representative, or mailed to VA using the address shown below:

Department of Veterans Affairs Claims Intake Center
P.O. Box 4444
Janesville, WI 53547-4444
Fax: (844) 531-7818

How can I provide feedback about my exam?

To provide feedback regarding your medical disability examination to the VA, complete the survey card or go to <https://www.research.net/r/VBAMDESURVEY>.



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Ph: 1.877.637.8387 vesservices.com

About your examiner:

Name: CARMEN SIGLEY; Gender: Female; Specialty/Field: GenMed ; NP; License Number: 1083035133 / RN1036123 DC; State: DC; Board Certifications: Nurse Practitioner; Education: WEST VIRGINIA UNIVERSITY; C&P Experience: 1-5 Years; Years of Medical Experience: 13.

Compensation and pension related training received: Traumatic Brain Injury, MST, Medical Opinion, Musculoskeletal, Aggravated Opinion, Gulf War Examination, General Trained, MST Trained, VES Demo.

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