



Veterans Evaluation Services

Ph: 1.877.637.8387 vesservices.com

JUBAR RAMSEY
4020 MINNESOTA AVE NE
APT 666
WASHINGTON, DC 20019

DATE : 12/4/2025
VES #: 227253654866

Veterans Evaluation Services (VES) is currently working with the VA to assist in your compensation and/or pension evaluations. A request was sent to us by the VA to handle your compensation/pension exams, and an appointment has been scheduled for you via Teleconference (video).

APPOINTMENT INFORMATION

Exam Date: 12/10/2025
Exam Time: 1:30 PM USA (EST)
Provider: ALEXANDRA HERSHBERGER, Ph.D.

Please note this is a tele-C&P (teleconference) exam. You will not need to report to a location for this exam. This letter is simply to notify you of the VA's request.

The VA's tele-C&P initiative is just as thorough as an in-person examination but instead is handled through video conference with a qualified, VA trained provider. This initiative was developed by both the Veterans Health Administration (VHA) and the Veterans Benefits Administration (VBA) in a joint effort to provide a Veteran-centric approach for disability examinations. Use of the tele-C&P process opens the possibility of doing assessments without an in-person examination when clinically suitable

VES is working to complete your case on an expedited basis. The results are a critical component in determining your eligibility for VA disability compensation and/or pension benefits. Therefore, it is imperative you attend your teleconference as scheduled.

Scheduling of your exam(s) is in strict adherence to VA guidelines. You have been scheduled with a VA approved examiner at the soonest available date/time in order to expedite the exam portion of your claims process. You may also soon be scheduled for tests, laboratory procedures, and/or x-rays if applicable. Please take note of the following in regards to your scheduled teleconference, and read the frequently asked questions (FAQs) enclosed.

- Your appointment is NOT scheduled at a VA facility or a physical location but instead is held via teleconference
- Please be prepared to show a photo ID at the start of your teleconference.
- Please be prepared with a list of all medications you currently take that are related to your claim, as well as the dosage and how often they are taken.
- VES will send you a link prior to your appointment with clear, user-friendly instructions.
- **Please contact VES to confirm your teleconference or for any questions. You can do this via our website at www.vesservices.com by clicking the Contact – Veteran Contact tab, or by calling 1-877-637-8387.**

If you need assistance:

If you have any questions concerning your claim, you may call 1-800-827-1000. If you have questions about your claim for a mental or physical health condition related to experiences of Military Sexual Trauma (MST), you may also visit the following website to locate the Veterans Benefits Administration (VBA) Military Sexual Trauma (MST) Outreach Coordinator for your area: <https://www.benefits.va.gov/benefits/mstcoordinators.asp>. VA provides free treatment for mental and physical health conditions related to experiences of MST. These services are available to individuals with Veteran status and most former Service members with an Other Than Honorable or uncharacterized (entry-level) discharge. To learn more, including how to access this care, go to www.mentalhealth.va.gov/mst or contact the Veterans Health Administration (VHA) MST Coordinator at a VA medical facility near you. A list of VHA MST Coordinators is available at www.mentalhealth.va.gov/msthome/vha-mst-coordinators.asp or you can contact your local VA medical facility and ask to speak to the MST Coordinator.

If you are in crisis, call the Veterans Crisis Line at 988 and then press 1, to reach caring, qualified VA responders 24 hours a day, 7 days a week. You may also text 838255 or start a confidential chat at www.veteranscrisisline.net/chat.

NOTICE OF PRIVACY PRACTICES AND FREQUENTLY ASKED QUESTIONS

The evaluation services provided by Veterans Evaluation Services (VES) are covered by federal and state privacy laws. Your claim-related medical information is received directly from the VA and is shared only with the C&P medical examiners. VES is merely the temporary custodian of this information, and therefore it can only be released back to the VA. Should you require any of your own medical information, or wish to obtain a copy of your exam report, please contact the VA at 1-800-827-1000.



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About your examiner:

Name: ALEXANDRA HERSHBERGER; Gender: Female; Specialty/Field: Psych; Ph.D.; License Number: 1699236364 / 265972 KY; State: KY; Board Certifications: Psychologist; Education: INDIANA UNIVERSITY PURDUE ; C&P Experience: 0-1 Year; Years of Medical Experience: 6.

Compensation and pension related training received: MST, Medical Opinion, Aggravated Opinion, Gulf War Examination, General Trained, Mental Trained, PTSD Trained, MST Trained.



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To log in to VES Veteran portal for the first time, simply click Login on our website and use your login information below.

URL: <https://www.vesservices.com/>

Login Type: Veteran

Login Name: JRAMSEY08@GMAIL.COM

Temporary Password: K4u!O^0%2ZJURA